

Dr. Judy Wairimu Mugo

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Language: English (excellent)
Kiswahili (excellent)

EDUCATIONAL BACKGROUND

2013 to 2015: PhD in Health Promotion, Department of Community Health, Kenyatta University

Phd Sponsors: **Kenyatta University, DAAD, and NACOSTI.**

2002 - 2005: Masters of Public Health and Epidemiology (MPHE),
Kenyatta University, Kenya

1999 - 2002: Bachelor of Science (Family and Consumer Sciences) Second Class Upper
Division, from Kenyatta University, Kenya

WORK EXPERIENCE

Jan 2016 to date: **Lecturer in the Department of Population and Reproductive Health, School of Public Health, Kenyatta University**

Responsibilities: Teaching and examination, Coordination of Post graduate studies and Departmental Website management, Supervision of Masters Thesis, Curriculum Review and Development

June 2010 to date: **Master trainer in Financial Literacy by Equity Bank Foundation and Kenyatta Universitys Directorate of Community Outreach and Extension Program**

Responsibilities: Training of trainers in Financial Literacy, planning, implementation and Supervision of Financial literacy classes among Kenyatta University Undergraduate Students and the greater Nairobi Region.

June 2010 to Dec 2015: **Assistant Lecturer, Department of Environmental Health**

Responsibilities: Teaching and Examination
Supervision of 4th year Students research projects
Coordination of Industrial Attachment for 2nd and 3rd years in Bsc. Population Health and Bsc. Environmental Health
Curriculum Review and Development

June 2009 – May 2010: **Kenyatta University, Department of Public Health.**

Part-time lecturer

Responsibilities: Teaching and Examination of Bsc. Environmental Health students
Supervision of research projects

Dec 2008 – June 2009: **Action against Hunger International (ACFIN), Program Manager, Public health promotion and community Mobilization.**

Responsibilities: Health needs survey and analysis, program design and implementation of Public health Promotion and nutrition programmes in Schools, Communities and hospitals/health centers in Garissa district as well as in Dadaab district in the Ifo, Hagadera and Dagahaley Refugee Camps

January 2008 – Nov 2008: **Action Against Hunger International (ACFIN) Assistant Programme manager, Public Health Promotion and Community Mobilization**

Responsibilities: Health needs survey and analysis, program design and Implementation of Public Health Promotion and nutrition programmes in schools, the Nakuru Provincial General Hospital and health centers, IDP camps, transit camps and host communities in Molo and Nakuru Central and Nakuru North Districts in the Rift Valley province

April 2007- December, 2007: Health and Economics Development Consortium (HEDC) Associate Consultant in the study on the Socio-Economic Impact of HIV/AIDS in the GJLOS (Governance, Justice, law and Order Sector) institutions.

Responsibilities: Developing the research tools, literature review, sampling the respondents, interviewing and training enumerators, data collection, analysis and report writing

Jan 2007 – Dec 2007: **Kenyatta University, Department of Public Health and in the Department of Food, Nutrition and Dietetics**

Responsibilities: Assistant Lecturer in Community Health, Nutrition and Health, Health and Nutrition Interventions

Oct 2006 –Dec, 2007: **Kenya Institute for Social Work and Community Development (KISWCD)**

Responsibilities: A Tutor in the Department of Community Health

Aug 2005 – Dec 2007: Jomo Kenyatta University of Agriculture and Technology, Assistant Lecturer, Zoology Department

Responsibilities: Lecturer in Health Management and Economics and community health

June 2005-August 2006: Angaza Youth Works: Primary Health Care Trainer/ HIV/AIDS Educator

Responsibilities: Development of Primary health care training manuals on Reproductive health and HIV and AIDS, training of trainers

July –Sept 2004: A Researcher with the National Council for Science and Technology

Responsibilities: Administering questionnaires and Key Informant Interviews to Research institutions in the Rift valley province (**Egerton University, Kenya Plant health Inspectorate Service, Kenya Agricultural Research Institute, Rift Valley Institute of Science and Technology and Kenya Tea Packers Limited**) Capacity to carry out research.

Aug 2003- June 2005: Module Editor, Kenyatta University, Institute of Open Learning

Responsibilities: Editing, printing, collation and packaging of Modules for the Institute of Open and Distance Learning Program

PROFESSIONAL TRAININGS AND CONFERENCES (Post University)

1st International Reproductive Health Conference; Theme: Ending Obstetric Fistula in a generation held on 22nd to 24th May, 2017 at the Kenyatta University Conference Center in Kenyatta University.

2nd IAGG Region Conference of Gerontology and Geriatrics; Theme: Long-term Care Systems for Africa: Setting agendas, held at the African Population and Health Research Centre, Nairobi Campus from 6th to 8th of December, 2017.

2nd International Conference on Physical Activity and Sports for Health and Development in Africa held in Kenyatta University, Nairobi, Kenya from 21st to 23rd September, 2016.

Certificate on Setting, Moderating and Examination Marking in Institutions of Higher Learning – Kenyatta University through the Directorate of Teaching Excellence in 2014

Certificate in Research and Proposal Writing by National Council for Science and Technology on 13th February, 2013

Participation in AAEH Research Development Workshop in Blantyre, Malawi 7th – 11th November 2011.

Health and development; the role of media in health communication held in Safari park hotel on 27th to 29th June, 2011

Awareness training: quality management system ISO 9001 2008 Kenyatta University 24th March 2011 at the Kenyatta University Conference Centre (KUCC)

Symposium on innovations in monitoring and evaluation (M & E) on 7th - 8th March 2011
Introduction to STATA (a statistical package for data analysis) implemented by Tulane university (USA) in collaboration with Kenyatta University (Kenya).

Introduction to STATA Workshop on February 28th to 5th march, 2011 by Kenyatta University and APHIA II, Nairobi Kenya.

Certificate in Financial Literacy Training by Equity Bank Foundation and Kenyatta University in June, 2010

Certificate in Project Cycle Management Training by AMREF from the 23rd to 27th March, 2009 in the Garissa Action Against Hunger International (ACFIN) Region Office.

24th to 28th February 2009 – Global Water Initiative Monitoring and Evaluation Tools by CARE INTERNATIONAL IN KENYA and the Global Water Initiative (GWI) in the Nomads Hotel, Garissa.

4th September, 2008 – Finance for Non-Finance Managers Workshop in the Laico Regency, Nairobi

27th -30th October, 2008 – Kenya WASH Cluster, Training for Emergencies Nairobi by REdR UK, UNICEF WASH cluster and NETWAS in the Silver Springs Hotel

17th -23rd July, 2008 – Peace Initiative by Oxfam in the Panafric Hotel, Nairobi, Kenya

20th – 25th March, 2008 – Oxfam and ICRC, The SPHERE Project: Humanitarian Charter and Minimum Standards in Disaster Response in Hotel Kunste, Nakuru

Peer counseling in HIV/AIDS by I Choose Life (ICL), Kenya, 2002

Research Reports/Theses

Judy W. Mugo 2005 The Usage of Non-prescription Drugs by the residents of Nairobi Kenya. MPHE Thesis, Kenyatta University

Judy W. Mugo 2015 Association of Functionality and Nutrition Status of the Elderly Persons: A comparative study between Institutionalized and Non-Institutionalized Elderly. Doctor of Philosophy Thesis, Kenyatta University

Publication in Peer reviewed journals

Judy W Mugo, Ephantus W. Kabiru and Rekha R. Sharma – The types of Non-prescription drugs bought by the residents of the city of Nairobi, Kenya, J.Natcon 20 (1) : 33-39 (2008) published by nature Conservators, India

Scientific Papers Submitted for Review and Publication

Functionality of Elderly Persons: A Comparison between Institutionalized and Non-Institutionalized Elderly persons in Nairobi City County, in Kenya

Association of Functionality and Nutrition Status among Institutionalized and Non-Institutionalized Elderly Persons in Nairobi County in Kenya

Nutritional Status of Elderly Persons: A Comparison between Institutionalized and Non-institutionalized Elderly Persons in Nairobi City County in Kenya