

**DEPARTMENT OF PHYSIAL EDUCATION EXERCISE AND SPORTS SCIENCE**

**RECURRING GOOGLE MEET LINKS**

	Unit code and Title	Name of Lecturer	Lecturer's Email	Day of the Lecture	Time or the Lecture	Recurring google link meet for the class
1.	HES 101 Foundations of Exercise and Sports Science	Dr. Francis M. Mwangi	<a href="mailto:mwangi.francis@ku.ac.ke">mwangi.francis@ku.ac.ke</a>	Monday	3-4	Lesson 1: <a href="https://meet.google.com/jrt-hggv-pwc">https://meet.google.com/jrt-hggv-pwc</a>
				Friday	3-4	Lesson 3: <a href="https://meet.google.com/ryg-pofa-fwg">https://meet.google.com/ryg-pofa-fwg</a>
2.	HPE 133 Functional Human Anatomy and Physiology	Dr. Juliah Githang'a	<a href="mailto:githanga.juliah@ku.ac.ke">githanga.juliah@ku.ac.ke</a>	Monday	10-11	<a href="https://meet.google.com/vvp-wrvc-bpc">https://meet.google.com/vvp-wrvc-bpc</a>
				Friday	11-12	<a href="https://meet.google.com/kfg-rfnh-kgg">https://meet.google.com/kfg-rfnh-kgg</a>
3.	HPE828: Didactics and Methods of a Selected Sport	Dr. Yasmin Goodwin	<a href="mailto:goodwin.yasmin@ku.ac.ke">goodwin.yasmin@ku.ac.ke</a>	Thursday	9-11	<a href="https://meet.google.com/aok-qvwp-kmm">https://meet.google.com/aok-qvwp-kmm</a>
				Friday	1-2	<a href="https://meet.google.com/get-ebaf-fpf">https://meet.google.com/get-ebaf-fpf</a>
4.	HES 102 Functional Human Anatomy I	Dr. Kiptolo Boit	<a href="mailto:boit.edwin@ku.ac.ke">boit.edwin@ku.ac.ke</a>	Monday	8-9	<a href="https://meet.google.com/kdz-nrsy-nwp">https://meet.google.com/kdz-nrsy-nwp</a>
				Thursday	11-12	<a href="https://meet.google.com/wki-fsfm-fvc">https://meet.google.com/wki-fsfm-fvc</a>
5.	HES 100 First Aid and Safety Education	Dr. Joy Wachira	<a href="mailto:wachira.lucy@ku.ac.ke">wachira.lucy@ku.ac.ke</a>	Monday	10-11	<a href="https://meet.google.com/dkt-cgxw-urk">https://meet.google.com/dkt-cgxw-urk</a>
				Tuesday	9-10	<a href="https://meet.google.com/mob-hebv-gar">https://meet.google.com/mob-hebv-gar</a>
6.	HPE 827 Physiology of Exercise For P.E	Dr. Joy Wachira	<a href="mailto:wachira.lucy@ku.ac.ke">wachira.lucy@ku.ac.ke</a>	Monday	11-1	<a href="https://meet.google.com/gsh-dajw-vyv">https://meet.google.com/gsh-dajw-vyv</a>
				Wednesday	10-11	<a href="https://meet.google.com/agm-qtff-skn">https://meet.google.com/agm-qtff-skn</a>
7.	HPE 101	Dr. Ndambiri Richard	<a href="mailto:ndambiri.richard@ku.ac.ke">ndambiri.richard@ku.ac.ke</a>	Monday	11-12	<a href="https://meet.google.com/rjv-gsmm-njz">https://meet.google.com/rjv-gsmm-njz</a>
		Dr. Luka Waiganjo	<a href="mailto:waiganjo.luka@ku.ac.ke">waiganjo.luka@ku.ac.ke</a>	Tuesday	2-3	<a href="https://meet.google.com/ndo-hkno-frh">https://meet.google.com/ndo-hkno-frh</a>
		Mr. Wambiri	<a href="mailto:kairu.evanson@ku.ac.ke">kairu.evanson@ku.ac.ke</a>	Thursday	4-5	

8.	HPE 132 *	Dr.Ndambiri. K R	ndambiri.richard@ku.ac.ke	Monday	8-9	<a href="https://meet.google.com/kni-ninh-axj">https://meet.google.com/kni-ninh-axj</a> <a href="https://meet.google.com/kpx-fibk-ieg">https://meet.google.com/kpx-fibk-ieg</a>
		Mr. Paul Kamau	kabura.paul@ku.ac.ke	Thursday	4-5	
		Mr. Mucheke C	mucheke.charles@ku.ac.ke			
9.	HPE 103 *	Dr.Ndambiri. K R	ndambiri.richard@ku.ac.ke	Friday	8-9	<a href="https://meet.google.com/kni-ninh-axj">https://meet.google.com/kni-ninh-axj</a> <a href="https://meet.google.com/kpx-fibk-ieg">https://meet.google.com/kpx-fibk-ieg</a>
		Mr. Gathua S	muhoro.simon@ku.ac.ke	Thursday	4-5	
		Mr. Mucheke C	mucheke.charles@ku.ac.ke			
10.	HPE108/130 Foundations of Physical Education and Olympism	Dr. Luka Waiganjo	waiganjo.luka@ku.ac.ke	Monday	4-5	<a href="https://meet.google.com/yoo-gkrs-ccf">https://meet.google.com/yoo-gkrs-ccf</a> <a href="https://meet.google.com/xmi-menm-sia">https://meet.google.com/xmi-menm-sia</a>
				Thursday	2-1	
11.	HES 105 : Exercise Biochemistry I	Dr. Festus Kiplamai	<a href="mailto:kiplamai.festus@ku.ac.ke">kiplamai.festus@ku.ac.ke</a>	Tuesday	11-12	<a href="https://meet.google.com/esc-gioe-hfn">https://meet.google.com/esc-gioe-hfn</a> <a href="https://meet.google.com/vna-hioh-tpd?authuser=1">https://meet.google.com/vna-hioh-tpd?authuser=1</a>
				Friday	11-12	
12.	HPE 802: Legal & Ethical Issues In P.E. & Sports	Prof. Mike Boit	<a href="mailto:boit.michael@ku.ac.ke">boit.michael@ku.ac.ke</a>	Monday	8-10	<a href="https://meet.google.com/gio-zkrf-vcj">https://meet.google.com/gio-zkrf-vcj</a> <a href="https://meet.google.com/spg-wofk-ots">https://meet.google.com/spg-wofk-ots</a>
				Wednesday	9-10	
13.	HRS 101: Recreation, Sport And Environment	Ms. Joyce Muthoni	<a href="mailto:muthoni.joyce@ku.ac.ke">muthoni.joyce@ku.ac.ke</a>	Wednesday	9-10	<a href="https://meet.google.com/uey-ksat-vsg">https://meet.google.com/uey-ksat-vsg</a> <a href="https://meet.google.com/bks-zoza-ukx">https://meet.google.com/bks-zoza-ukx</a>
				Friday	10-11	
14.	HPE 830: Physical Education & Sports For The Special Population	Mr. Simon Gathua	<a href="mailto:MUHORO.SIMON@ku.ac.ke">MUHORO.SIMON@ku.ac.ke</a>	Tuesday	1-2	<a href="https://meet.google.com/utr-bszx-cvo">https://meet.google.com/utr-bszx-cvo</a> <a href="https://meet.google.com/utr-bszx-cvo">https://meet.google.com/utr-bszx-cvo</a>
				Friday	9-11	

**NB:** 2<sup>nd</sup> lessons for each unit will be covered through asynchronous interaction in kusoma LMS.

\* This is a practical unit with 3 loading per semester. Therefore more hours are needed for each of the 3 components especially for practical work when the students come for face to face.

Thank you and Best wishes.

Dr. Francis Mundia Mwangi, **Chairman, DEPARTMENT OF PHYSICAL EDUCATION, EXERCISE AND SPORTS SCIENCE**