

**KENYATTA UNIVERSITY**

**DEPARTMENT OF PHYSICAL EDUCATION, EXERCISE AND SPORT SCIENCE**

**BEd Physical Education and Sports**

**1<sup>st</sup> SEMESTER 2020/2021 TEACHING TIMETABLE**

<b>DAY</b>	<b>7-8</b>	<b>8-9</b>	<b>9-10</b>	<b>10-11</b>	<b>11-12</b>	<b>12-1</b>	<b>1-2</b>	<b>2-3</b>	<b>3-4</b>	<b>4-5</b>
<b>M</b>		HPE 103/132		HPE 133						HPE 108/130
<b>T</b>										
<b>W</b>				HPE 108/130			HPE 133			
<b>T</b>						HPE 108/130				HPE 103/132
<b>F</b>		HPE 103/132			HPE 133					
<b>S</b>										

**NB:**

1. HPE 108/130: Foundations of PE- Dr. L Waiganjo
2. HPE 103/132: Basketball, Handball & Volleyball - Mr. Gathua to Coordinate
3. HPE 133: Functional Human Anatomy and Physiology- Dr. Julia Githang'a

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**DEPARTMENT OF PHYSICAL EDUCATION, EXERCISE AND SPORT SCIENCE**

**BSC. EXERCISE AND SPORT SCIENCE**

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<b>DAY</b>	<b>7-8</b>	<b>8-9</b>	<b>9-10</b>	<b>10-11</b>	<b>11-12</b>	<b>12-1</b>	<b>1-2</b>	<b>2-3</b>	<b>3-4</b>	<b>4-5</b>	<b>5-6</b>	<b>6-7</b>
<b>M</b>		HES 102		HES100	HPE 101			UCU 112	HES 101			
<b>T</b>			HES 100		HES 105			HPE 101				UCU 112
<b>W</b>			HRS 101	HES 101			HES 100					UCU 112
<b>T</b>		HRS 101	HES 102		HES 102				HES 105	HPE 101		
<b>F</b>				HRS 101	HES 105				HES 101			

**NB:**

1. HES 100: FIRST AID & SAFETY EDUCATION
2. HES 101: FOUNDATIONS OF SPORT SCIENCE
3. HES 102: FUNCTIONAL HUMAN ANATOMY
4. HES 105: EXERCISE BIO CHEMISTRY 1
5. HPE 101: HOCKEY,SOCCER, NETBALL  
EVANS
6. HRS 101: RECREATION, SPORT AND ENVIRONMENT
7. UCU 112:

- DR. J WACHIRA
- DR. F M MWANGI
- DR. E BOIT
- DR. F. KIPLAMAI
- DR. WAIGANJO, DR. NDAMBIRI, MR.
- MS. JOYCE

**KENYATTA UNIVERSITY**  
**DEPARTMENT OF PHYSICAL EDUCATION, EXERCISE AND SPORT SCIENCE**  
**MSC. PHYSICAL EDUCATION**  
**1<sup>st</sup> SEMESTER 2020/2021 TEACHING TIMETABLE**

DAY	7-8	8-9	9-10	10-11	11-12	12-1	1-2	2-3	3-4
M			HPE 802			HPE 827			
T			HCU 800				HPE 830		
W			HPE 802	HPE 827			HCU 800		
T				HPE 828					HPE 844
F				HPE 830			HPE 828		

**NB:**

1. HCU 800: RESEARCH METHODS- SCHOOL UNIT
2. HPE 802: LEGAL & ETHICAL ISSUES IN P.E. & SPORTS- PROF. BOIT
3. HPE 827: PHYSIOLOGY OF EXERCISE FOR P.E.- DR. J WACHIRA
4. HPE 828: DIDACTICS & METHODS OF SELECTED SPORT
5. HPE 830: PHYSICAL EDUCATION & SPORTS FOR THE SPECIAL POPULATION – MR. GATHUA

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**MSC EXERCISE & SPORT SCIENCE**  
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<b>DAY</b>	<b>7-8</b>	<b>8-9</b>	<b>9-10</b>	<b>10-11</b>	<b>11-12</b>	<b>12-1</b>	<b>1-2</b>	<b>2-3</b>	<b>3-4</b>
<b>M</b>				HES 806					HES
<b>T</b>			HCU 800				HES 803		
<b>W</b>			HES 800				HCU 800	HES 812	
<b>T</b>			HES 801				HES 800		
<b>F</b>			HES 806		HES 803		HES 801		

**NB:**

1. HCU 800: RESEARCH METHODS- SCHOOL UNIT
2. HES 800: APPLIED EXERCISE PHYSIOLOGY- DR. J KAMAU
3. HES 801: NUTRITION FOR EXERCISE AND SPORTS- DR. KIPLAMAI
4. HES 803: LABORATORY METHODS IN HUMANCY MOVEMENT PERFORMANCE- DR. GITAHI THEURI
5. HES 806: PHARMACOLOGY IN SPORTS & EXERCISE- DR. GITAHI THEURI